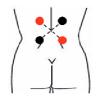
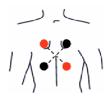
TruWave Plus Suggested Electrode Placement



IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modality.

Lumbar Back



IFC Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



IFC Modality

Thoracic Back

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modelity.



TENS / NMES Modality

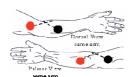
Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modality.

Cervical / Neck

IFC Modality

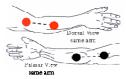
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.



TENS Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure below.

Using both charmels and erisserossing the electrodes is optional when using the URNS or NIMES modulity.



Elbow

IFC Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure below.

Shoulder





TENS Modality

Place the electrodes with the **RED** and **HLACK** ends of the leadwires according to pattern depicted on figure below.

Using both channels and crisserossing the electrodes is optional when using the TEAS or NMES modality.





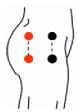
Hand

TruWave Plus Suggested Electrode Placement



IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modelity.

qiH



IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TRNS or NMRS modelity

Anterior Knee

IFC Modality

and BLACK ends of the leadwires according to pattern depicted on figure below.

TENS / NMES Modality

Place the electrodes with the RED Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure below.

> Crisscrossing the electrodes is optional when using the TENS or NMBS modality.

> > ACHILLES TENDON

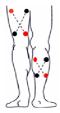
ACHILLES TENDON



ANKLE

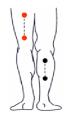


Ankle



IFC Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modelity.

Back of Leg



IFC Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

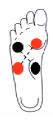


TENS / NMES Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is aptional when using the TENS or NMES modelity.

Lateral / Medial Knee



IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS / NMES Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NIMES modality.

Foot

TruWave Plus Suggested Electrode Placement



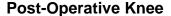
IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



TENS Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left. Crisscrossing the electrodes is optional when using TENS Waveform.





IFC Modality

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.



VMES Modelity

Place the electrodes with the RED and BLACK ends of the leadwires according to pattern depicted on figure to the left.

Muscle Spasm

Note:

The most important aspect of TENS electrode placement is to position them so that the current passes through the painful area and along the nerves leading away from the pain.

These are suggested settings. All settings and placement of electrodes should be instructed by a medical practitioner.