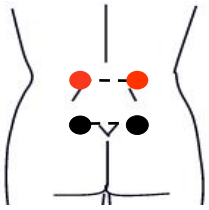


ValuTENS II Suggested Electrode Placement

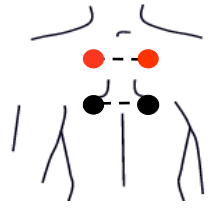


TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Lumbar Back

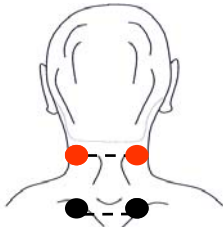


TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

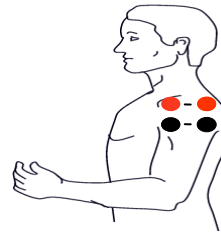
Thoracic Back



TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

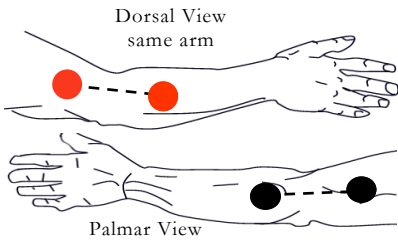
Cervical / Neck



TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

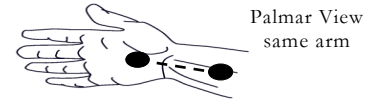
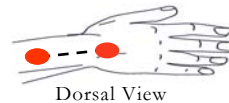
Shoulder



TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

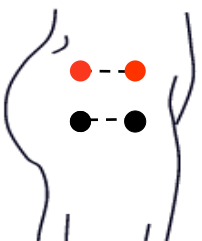
Elbow



TENS Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on the figure.

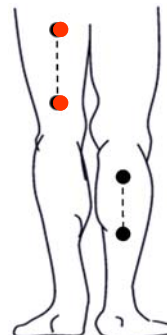
Hand



TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

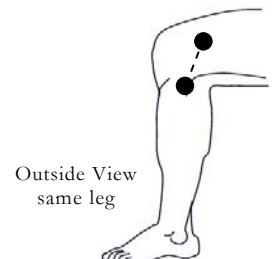
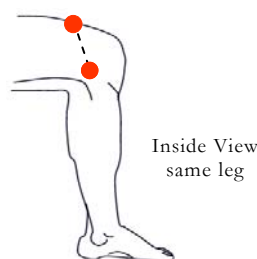
Hip



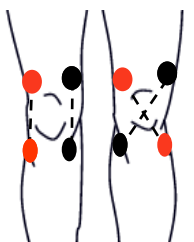
TENS / NMES Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Back of Leg



Iliotibial Band



TENS / NMES Modality

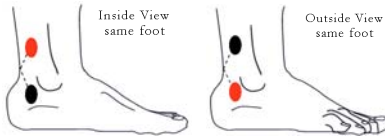
Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left and right.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

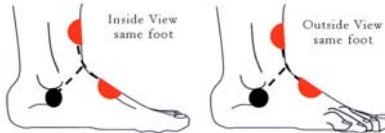
Knee

ValuTENS II Suggested Electrode Placement

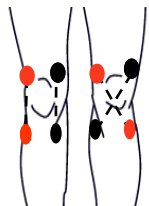
ACHILLES TENDON



ANKLE



Ankle



TENS Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Post-Operative Knee

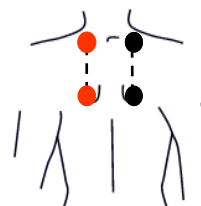
TENS / NMES Modality



Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Using both channels and crisscrossing the electrodes is optional when using the TENS or NMES modality.

Foot



TENS Modality

Place the electrodes with the **RED** and **BLACK** ends of the leadwires according to pattern depicted on figure to the left.

Muscle Spasm

Note:

The most important aspect of TENS electrode placement is to position them so that the current passes through the painful area and along the nerves leading away from the pain.

These are suggested settings. All settings and placement of electrodes should be instructed by a medical practitioner.



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